Colonoscopy Prep

Clenpiq



PHARMACY PICKUP:

This can be picked up at your pharmacy.

THE DAY BEFORE:

The day before your colonoscopy you should drink only clear liquids (avoid red and purple.)

- Solid foods, including milk and other dairy products, are NOT allowed.
- Clear liquids include water, juice without pulp, chicken or beef broth, plain Jell-O, Gatorade, popsicles, coffee (without creamer), soda, tea, lemonade, sports drinks, or Kool-Aid.

THE DAY BEFORE PROCEDURE:

Beginning at approximately 5 PM, drink one bottle of Clenpiq right from the bottle and follow with five 8 ounce drinks of clear liquid, taken at your own pace within the next 5 hours before bed. (A pre-measured cup included in kit.) Do not take oral medications between 4 and 5 PM.

At 10 PM, drink the second bottle of Clenpiq right from the bottle. Follow with three 8 ounce drinks of clear liquid, taken over the next 2 hours.

Lucas County Health Center
An Affiliate of UnityPoint Health

OTHER INFORMATION:

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.

If you have nausea/vomiting after starting bowel prep, STOP and wait until you feel better before resuming to drink. Waiting 30+ minutes is okay in order to keep the bowel prep in.

Questions?

If you have any questions or concerns, please feel free to reach out to our Surgery Team.

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