

Highlights

Updates for Lucas County Health Center Employees



Virginia Hawthorne, ARNP Completes ENP Certification

We are proud to recognize Virginia Hawthorne, ARNP for recently completing the Emergency Nurse Practitioner (ENP) Certification.

To earn this, Hawthorne had to complete 2000 hours in the Emergency Room and 100 continuing education hours, with 30 of those focused on procedures.

"Earning this certification shows Virginia's dedication to providing high quality care in our emergency room," said JoBeth Lawless, CNO.

HIPAA Reminder

If you have any questions or concerns regarding HIPAA, contact the following people:

- HIPAA Privacy Officer - Terri McCurdy
- HIPAA Security Officer - Lori Johnson
- Anonymous Compliance Hotline - (641) 774-3290

ER Changes

We have removed a wall in our Emergency Room (in the employee area) to create a bit more necessary space.

Additionally, the employee mailboxes, etc. have moved to the old "Quiet Room" - which is directly south of the ER desk.

Wheelchairs

You may have noticed that we have added colored poles to our wheelchairs (and yes, the colors do have significance!)

Red wheelchairs belong in the clinic. Yellow wheelchairs belong in the Atrium.

Questions? Contact Twilla Kruzic at x3117.



Administration Update

This has been an incredibly unusual year, especially for healthcare. We have experienced a drastic change in the way we provide care, but the commitment of our staff has continued to shine through. As COVID hit, everything changed and the unknown was our biggest obstacle. I am pleased to share with you that while 2020 has been a bit different, it has brought great things to our facility.

We were recently informed that LCHC earned 2020 Performance Leadership Awards for top quartile performance in both Patient Perspective and Outcomes. These awards prove how strong our facility has been during the pandemic.

Additionally, 2020 was another strong financial year for LCHC. This is no small feat and every member of our team has made this possible. Thank you for all of your hard work this year - you are our best asset!

Service Focus: Clinical Pharmacy

Did you know we offer Clinical Pharmacy services at LCHC Medical Clinic? Do you know what this means?

Phil Masters, our Clinical Pharmacist, is a health professional that works directly with healthcare providers to create a plan of care.

Specifically, Phil focuses on:

- Discussing medications to ensure they are working for the patient
- Educating patients about long-term conditions
- Reviewing medications to make sure they are working together
- Reviewing medication costs and side effects



Our Clinical Pharmacy services are offered at no cost to patients and are an important part of healthcare plans and goals.

For more information about our Clinical Pharmacy services, call (641) 774-8103 or contact Phil at pmasters@lchcia.com

Holiday Gifts

As a small token of our appreciation for all you have done this year, we are gifting each of our staff members with a quarter-zip jacket.

Department managers were routed the cards for each employee during the week of November 16th. If you have not yet received your card, contact Jena Wiley.

All cards must be returned to Jena Wiley with size and color selections by Monday, December 7th.



"A healthy attitude is contagious, but don't wait to catch it from others. Be a carrier."

TOM STOPPARD

A-Team Update

Winterfest 2020 Goal: \$6,500
Funds Raised: \$1,700

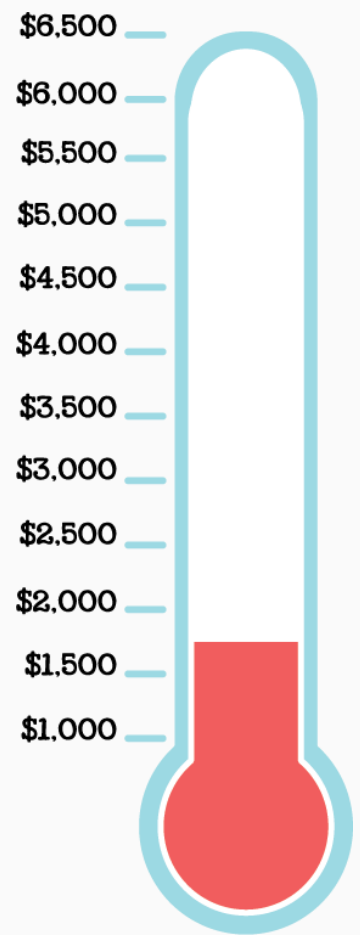
We have some great things planned in lieu of Winterfest this year! Be on the lookout for more information about how we will be safely celebrating!

Additionally, we are continuing to do fundraisers for Winterfest 2022! Each month we will include an update for our employees about our progress.

Note: This total does not include funds from our t-shirts, drive-thru meal, or the holiday cookies.

Upcoming fundraisers:

- February - Valentines (It's sweet to work with you!)





COVID POLICIES:

Remember: You can find important COVID-19 documents on the Public Drive of your computer.

To find these documents:

1. Open "This PC" on your computer
2. Click on the "Public" drive
3. Locate the "COVID-19" folder

In this folder you can find the Quick Reference Guide and more.

Holiday Potlucks

We know potlucks are a common practice during the holidays, but we want to remind all departments that potlucks are currently not allowed due to COVID.

Departments caught violating this rule could face serious consequences. It may seem like a simple thing, but if one person is an asymptomatic carrier and they give it to their department co-workers, we could end up with an entire department out of work.

New Team Members



Allie Smith

Registration Clerk
Business Office



Greta Gilland

Ultrasound Tech
Radiology



Karley Mart

Registration Clerk
Business Office

New Team Members



Courtney Rush

Respiratory Therapist
Respiratory Therapy



Kristen Tyler

Receptionist
Medical Clinic

ANNUAL APPEAL FOCUSES ON PATIENTS

During this time of being apart, we have never felt closer to our community and our mission has never been more important. As valued members of our team, you know we are committed to providing our community with access to high quality health care services close to home. To help us achieve this mission, we're asking you to consider making a financial contribution to LCHC's Foundation.

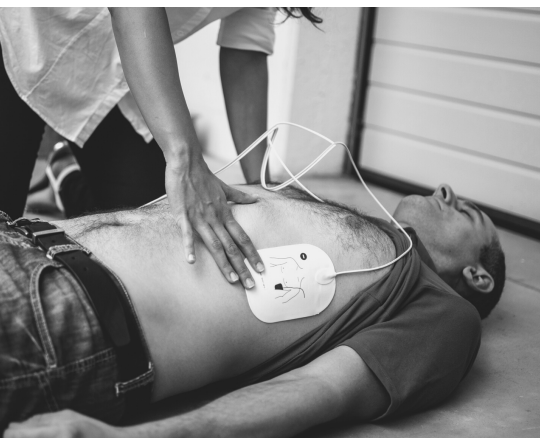
With generous contributions received in 2019, we were able to update the Infusion Center furnishings, upgrade radios in our ambulances, and purchase new tables and chairs for our meeting rooms.

In our continuous efforts to improve the patient experience, our goal this year is to raise funds to purchase a new defibrillator for our Ambulance department – a tool that will save lives. Defibrillators are used when a patient has an abnormal heartbeat and needs to have an electric pulse or shock sent to the heart to restore a normal heartbeat. Upgrading our defibrillator will allow our emergency responders to confirm a diagnosis when out on a call and transmit that data back to the hospital prior to arrival – thus resulting in quicker and more effective treatment for patients during an emergency cardiac event.

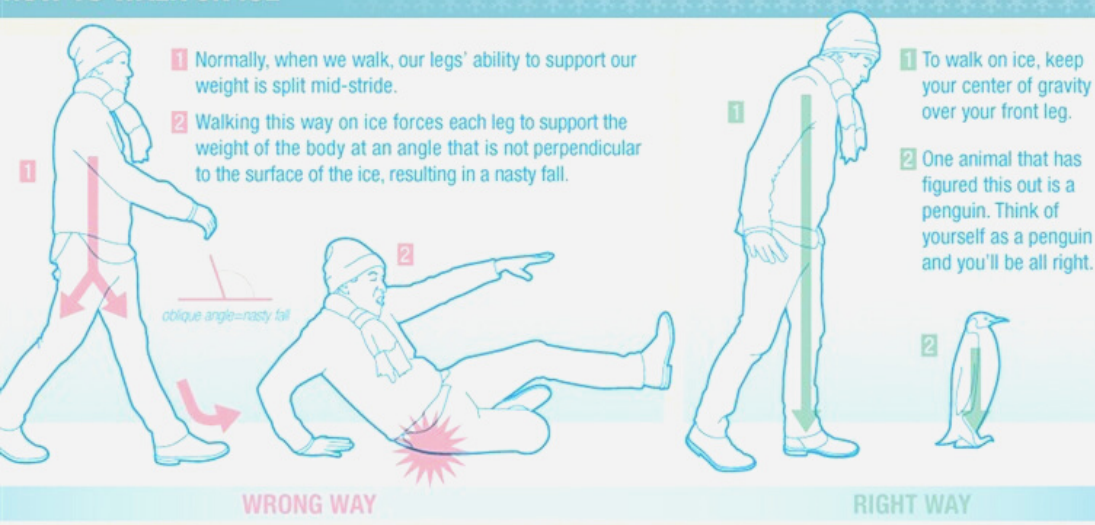
No gift is too small and all donations are tax-deductible. There are two ways to give.

1. Make a one time donation with a cash/check.
2. Payroll deduct - indicate an amount you would like deducted each pay period

If you have questions, contact Kristine Kennedy or Jena Wiley, Foundation Co-Chairs.



WINTER LESSONS: HOW TO WALK ON ICE



WINTER WEATHER PREPAREDNESS

The Farmer's Almanac predicts colder than normal temperatures. The National Weather Service forecasts beautiful weather the rest of this week. Starting this week, we will drop again with highs in mid 40s to 50s and lows in the 20s and 30s. Don't forget about that rain. Although some weeks will feel more like mid spring than mid fall, we will see winter arrive soon enough.

Some quick tips for you regarding Winter Weather Preparedness and Response:

1. Maintain your own awareness by using your favorite weather tracking resource.
2. Plan Ahead
 - a. Pack a go-bag just in case
 - b. Identify where you will stay – communicate this with friends and family
 - c. Give yourself plenty of time to safely get to where you're going
3. Apply your Winter Weather skills, wearing appropriate footwear and paying attention to each step to avoid injury. Take shorter steps and walk at a slower pace to react quickly to change in traction. To put it simply – walk like a penguin!
 - a. Park in designated employee parking.
 - b. Use sidewalks and cross walks – DO NOT cut through untreated areas as you are risking your own injury.

Use Your Senses To Manage Stress



Look at a cherished photo.
Find an area with natural light. Surround yourself with warm or cool colors.



Enjoy fresh air. Smell your favorite flowers or candle.



Indulge in one of your favorite snacks. Sip something warm.



Tune in to a calming soundtrack. Listen to uplifting music. Sing along to your favorite song.



Wrap up in your favorite blanket. Soak in a hot bath. Give yourself a neck or hand massage. Wear soft clothing.

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Collective Goods Virtual Sale (December 1-10) Healthstream due!	2	3	4	5
6	7	8	9	10	11 New Employee Training 8:30 AM Educ. Room	12
13	14	15	16	17	18	19
20	21	22	23	24 Clinic closing at 12 pm	25 Clinic Closed	26 Clinic resumes regular hours
27	28	29	30	31 Clinic closing at 12 pm	1 Clinic Closed	2 Clinic resumes regular hours

Birthdays

December 3 - Melody Gibson
 December 5 - Ann Moon
 December 7 - Karey Brandon
 December 8 - Kerri Guthrie
 December 9 - Addylyn Joss
 December 10 - Kurt Reineck
 December 14 - Alison Winston
 December 16 - Diane Carruthers
 December 16 - Christina Umbenhowe
 December 17 - Olga Vorobets
 December 19 - Michelle Oelmann
 December 20 - Virginia Hawthorne
 December 24 - Sara VanHulzen
 December 27 - Jacob Cockerham
 December 27 - Kristen Tyler
 December 29 - Laura Miller
 December 31 - Mariam Kopytko

Anniversaries

21 Years:

Lisa Richmond - December 2

8 Years:

Mim Kurimski - December 31

7 Years:

Mary Coddington - December 2

6 Years:

Nora Conner - December 16
 Paige Nelson - December 22

5 Years:

Branigan Head - December 4
 Sonya Bellon - December 8

4 Years:

Ashleigh Lande - December 5

2 Years:

Lacey Roe - December 3

1 Year:

Shari Downs - December 9
 Alison Winston - December 16
 Jay Christensen - December 19