

FAQ

How do I access Skilled Care at LCHC?

We are here to make the process as simple as possible following your hospital stay. For more information, call our Case Management Team at (641) 774-3800 or (641) 774-3804.

What if I didn't have surgery at LCHC?

No matter where you have your hospital stay for surgery, stroke or other illness, you may receive skilled care at LCHC to help regain your previous health. Ask the discharge planner or social worker helping with your hospital discharge to contact LCHC to discuss your possible transfer to skilled care closer to home.

Is Skilled Care a long-term option?

Skilled Care is designed and regulated to be a transitional care option for patients regaining their health and strength. A skilled stay varies in length, depending on individual needs and progress.

Contact Us



(641) 774-3800

(641) 774-3804



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www.lchcia.com

Skilled Care



LUCAS **LC** COUNTY
HEALTH **Hc** CENTER

An Affiliate of  UnityPoint Health

www.lchcia.com

Your Return to Health

You've been in the hospital and it's time to begin the journey home. We are here to assist you with a safe transition while we help you get your life back on track.

LCHC's Skilled Care Team works closely with our providers to offer a safe, monitored environment for patients who require a "step down" from acute hospital care. In private, homelike rooms, you'll receive individualized attention and care plans that may include medications, nutritional consultation, and physical, occupational, or speech therapy.

We know you are eager to rejoin your family, so LCHC offers in-room sleeping accommodations so a loved one can stay with you. Plus there is ample room for visitors when you feel up to having company.

What is Skilled Care?

Skilled care is a "step down" from the care patients receive during hospitalization for illness or surgery. Patients may qualify for skilled care if they are recovering, but are still in need of care, such as IV treatment, medical management, wound care, or physical, occupational, or speech therapy.

Successful skilled care patients are active in their treatment and rehabilitation. Progress must be demonstrated toward health-related goals for patients to continue to meet qualifications for skilled care.

Each patient receives an individual evaluation on admission day by the LCHC multi-discipline skilled care team. Rehabilitation is provided weekdays by the therapists and our nursing staff will continue to work with patients through the weekend.

The evaluation to develop the patient's individual care plan must be completed Monday through Friday, which is why a weekday transfer to LCHC is best for the patient. Being discharged from a hospital and traveling can be exhausting, so arriving at LCHC early, preferably before lunch, allows the patient time to rest before the evaluation.

Will I Qualify?

An individual evaluation of your health determines if your medical condition warrants skilled care. In order for a patient to qualify for skilled nursing care, they must meet insurance guidelines. There are too many details to cover in this section, but one important requirement is that the patient must have completed a three-night or more acute care hospital stay within the 30-day period immediately prior to the skilled nursing stay.

LCHC will assist to get prior approval of coverage from your insurance company before beginning a skilled care stay.

