



Highlights

Cardiac Rehab Silent Auction is February 11 - 15

Cardiac Rehab will hold their 4th Annual Silent Auction the week of February 11th in the Atrium. Bidding will open at 9 AM on Monday, February 11th and will close at 12 PM (noon) on Friday, February 15th.

While Phase 1 of Cardiac Rehab is covered by insurance, Phase 2 is not. Often times our patients need to continue in to this phase of the program to maintain their health, but their finances do not allow them to do so. Therefore, LCHC has created a scholarship program for Phase 2. All proceeds from the silent auction will directly benefit this scholarship program.

Items up for bids include:

- Back Spin Indoor Golf - \$50 gift card
- Blank Park Zoo - Family 4 pack of tickets
- Chicago Cubs - Kyle Hendricks autographed photo
- Des Moines Playhouse - 2 tickets (2 available)
- Des Moines Symphony - 2 tickets in the Gold Section
- Fridley Theaters - 5 buy 1, get 1 free vouchers (2 available)
- Funny Bone Comedy Club - 4 tickets (exclusions apply)
- Greater Des Moines Botanical Garden - 4 tickets
- Green Bay Packers - football with transferred signatures
- Iowa Barnstormers - 4 tickets
- Iowa Cubs - 4 tickets (exclusions apply)
- Iowa Wild - Fan package
- Iowa Wolves - 4 sideline or corner level tickets
- Kansas City Royals - 4 tickets (exclusions apply)
- Knoxville Speedway - 4 adult tickets to any KCC \$15 race
- UNI - 4 tickets to home football game
- Warrior Lanes - Family bowling package

If you have any questions, contact Jena Wiley in Marketing.

Scholarship Fudge Sale

Volunteer Services will be holding their Annual Scholarship Valentine's Day Sale on Wednesday, February 13 and Thursday, February 14.

Two \$500 scholarships and a \$200 donation to IHERF are given each year to students pursuing a career in the health care field.

The Fudge Sale will be held from 9 AM - 6 PM on February 13th and again from 8:30 AM - 3:30 PM on February 14th. The sale will be held in the Atrium. Flavors include chocolate, peanut butter, mint chocolate, chewy praline, rock road, and more!

Please mark your calendars and come see us for your Valentine's Day needs and support a good cause!

Questions? Contact Kristine Kennedy at x3226.

**“And you didn’t clean
your hands why?”**



Kudos!

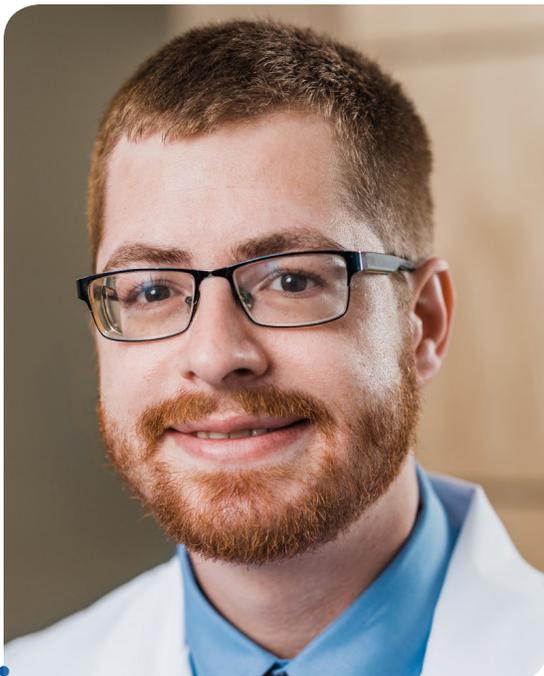
On behalf of the Lucas County Salvation Army Unit, we wish to express our sincere thanks to each and every one of you (approximately 400 volunteers total) who donated an hour or hours of your time to ring the bell for this year’s Red Kettle campaign. 90% of the over \$14,000 contributed remains here in Lucas County, providing assistance for those in need in our community. Your service in this ministry is what makes it a success.

Patti Bisgard, Bell Ringing Coordinator

Thank you for the floral arrangement in the truck planter in memory of Bob. His father has asked to have this in his apartment to cherish along with the wonderful kinf words and thoughts we all heard at his visitation. We all know he enjoyed working at LCHC and looked forward to every shift. We will miss him so much but it warms our hearts to know you will miss him as well.

Bob’s Loving Family

Provider Spotlight



Dr. Tyler Duraes received his Doctorate of Audiology and Bachelor’s Degree in Speech & Hearing Science from the University of Utah. He completed his doctoral externship at an ENT practice in St. Louis, MO working with patients of all ages providing hearing, balance, and amplification services. Additionally, he received training in various settings, from hospital clinics to school screenings. Tyler serves the Urbandale, Osceola, Chariton and Knoxville Woodard Hearing locations.

Dr. Duraes is a member of the American Academy of Audiology (AAA), and the American Speech-Language-Hearing Association (ASHA). He specializes in the prescription, fitting and follow-up care of hearing aid devices, hearing evaluations, cerumen management, and tinnitus.

To make an appointment with Dr. Duraes, please call (800) 233-4327.

Upcoming Maintenance Projects

Maintenance has been busy working on several projects around the hospital, including updating our interior.

Upcoming projects:

- ER/EMS Nurses Station has been postponed until next spring
- Rebuilding the chiller (December - January time frame)

If you have any questions about upcoming projects, contact Calvin Dyer in Maintenance at x3228.

HIPAA Reminder:

LCHC employees are reminded to be conscious of HIPAA policies to ensure the safety of our patients' protected health information.

If you have any issues, questions or concerns regarding HIPAA, please contact the following people:

HIPAA Privacy Officer - Terri McCurdy
HIPAA Security Office - Lori Johnson

You may also call our Anonymous Compliance Hotline at (641) 774-3290.

Healthier Habits: A Word From Our Dietitian



Time to get serious! February is typically the most common month to jump on the health bandwagon. To help out, we will be highlighting a healthy product each Monday this month in The Bistro (see below).

- 2/4 (lunch): Spaghetti and Meat Sauce w/Omega-3 Pasta
- 2/11 (lunch): Lentil Tacos
- 2/18 (breakfast): Cheesy Scrambled Eggs w/Quinoa
- 2/25 (breakfast): Chia Seed Peanut Butter Banana Cookies

The information is not intended as medical advice. Please consult a medical professional for individual advice.

All Staff Meetings

Lucas County Health Center will hold it's next set of "All Staff Meetings" on Thursday, February 21st.

Topics of discussion will include:

- 3 simple wishes
- Strategic plan update - quarter ending 12/31/2018
- Upcoming projects

Sessions will begin at 9 AM, 11 AM, 2 PM, and 5 PM in the Education Room. All staff are strongly encouraged to attend.

Huddles

Medical Clinic
Daily at 7:45 AM

Rad/ED/Amb/Lab
Mon., Tues., Thurs. at 11:15 AM

Finance
Tues., Fri. at 11:15 AM

Med/Surg
Daily at 3 PM

					1	2
3	4 Mandatory Reporter Education Room, 1 PM	5 ACLS - Full Course Ed. Room, 9 AM - 5 PM	6 ACLS - Full Course Ed. Room, 9 AM - 5 PM	7	8 New Employee Training Education Room 8:30 AM	9
10	11 Cardiac Rehab Silent Auction Opens Atrium, 10 AM	12 Diabetes Support Group Ed. Room, 6:30 PM	13 A-Team Meeting Board Room, 2 PM Fudge Sale Atrium 9 AM - 6 PM	14 Fudge Sale Atrium 8:30 AM - 3:30 PM	15 Cardiac Rehab Silent Auction Closes Atrium, 12 PM	16
17	18	19 Customer Appreciation Sale Gifts Galore 9 - 11 AM	20 BLS Training: 8 AM First Aid Training: 3 PM CPR Training: 6 PM	21 All Staff Meetings Educ. Room - 9 AM, 11 AM, 2 PM, 5 PM	22	23
24	25	26 Public Hearing Meeting & Board Meeting Board Room, 6:30 PM	27 Managers Meeting Educ. Room, 2 PM	28 Collective Goods Sale Atrium, 8:30 AM - 5:30 PM		

Anniversaries

22 Years:
Kami Welch - February 27

20 Years:
Cindy Custafson - February 18

17 Years:
Holly Hysell - February 15

10 Years:
Peggy Davison - February 3

8 Years:
Jade Burgett - February 3
Cindy McCracken - February 11
Heidi Braby - February 17

6 Years:
Alicia Lynch - February 6

5 Years:
Kurt Reineck - February 18

3 Years:
Samantha Carter - February 1
Cody Keyes - February 5
Karen Sherrick - February 8

2 Years:
Gerry Probasco - February 20
Amanda Snider - February 27

1 Year:
Sara Anderson - February 15
Jamie Swan - February 20
Kasey Roberts - February 21
Cameron Koffman - February 21

Birthdays

February 1 - Karen Sherrick
February 3 - Allison Krutsinger
February 3 - Dr. Sundquist
February 4 - Mary Coddington
February 9 - Erin Lang

February 15 - Khatuna Palm
February 15 - Denise Smith
February 18 - Tori Greubel
February 18 - Paula Pershy
February 20 - Yelena Krongart

February 24 - Lorry Adkins
February 24 - Amanda Condra
February 25 - Terri McCurdy



Specialty Clinic Schedule - February 2019

CLINIC	PROVIDER	PHONE #	APPT. DATES
Allergy	Ravinder Agarwal, MD	(888) 226-0990	4
Audiology	AnnMarie Kinsella, HIS	(712) 623-4802	18
	Tyler Duraes, AuD	(800) 233-4327	5, 19
	Michael K. Webb, AuD	(712) 623-4802	11
	Leah Uthe, AuD	(515) 225-2242	No clinic
	Donal Welch, AuD, FAAA	(712) 366-0503	14
Cardiology	Martin Aronow, DO	(800) 670-9428	6
	Craig Hoffman, PA-C	(800) 670-9428	20
ENT	Simon Wright, MD, PhD	(515) 223-4368	7
	Dave Wonnell, PA-C	(515) 223-4368	7
Gynecology	Kaaren Olesen, DO	(641) 774-8103	Mondays
Oncology	Seema Harichand, MD	(641) 774-8103	12, 26
Ophthalmology	Matthew P. Rauhen, MD	(800) 542-7956	Weekdays
Orthopaedics	Ian Lin, MD	(800) 688-3980	8, 22
Podiatry	Randy Metzger, DPM	(641) 203-4664	5, 11, 12, 19, 25, 26
Pulmonology	Amerlon L. Enriquez, MD	(515) 875-9550	18
	Dustin McCann, DO	(515) 875-9550	No clinic
Surgery Clinic	Dapka Baccam, MD	(641) 774-8103	Wednesdays
	Tim Mayfield, MD	(641) 774-8103	Fridays
Vascular Surgery	Eric Scott, MD	(515) 875-9090	22
Wound Clinic	Randy Metzger, DPM	(641) 774-3362	Tuesdays



An Affiliate of  UnityPoint Health

1200 North 7th Street
Chariton, IA 50049
(641) 774-3245 • (800) 404-3111 ext. 3245
www.lchcia.com

A-Team Update

Treat your co-workers to something sweet for our upcoming "It sure is sweet to work with you!" fundraiser!

For only \$1, employees will have the opportunity to send their co-worker a small bag of Hershey's kisses and a note.

To purchase, pick up an order form at the time clocks or stop by the Marketing office. Payroll deduct forms will be accepted for payment.

Ordering is open now until February 8th. Delivery will be on Friday, February 15th.

All proceeds are used to purchase prizes, gifts, decorations and more for Winterfest and Hospital Week!

It's flu season again...

Lucas County Health Center's policy for patient safety requires staff to receive the flu vaccination or wear a mask. Hospitalized patients are more susceptible to acquiring influenza from healthcare workers than the general population.

If you do not receive the vaccination, a mask must be worn during ANY patient contact as the policy states. Wearing the mask will be effective from November 2018 through April 2019.

If you have any questions or concerns, contact Joyce Dyer, Infection Control Nurse, at x3220.

Welcome back, Sharon Squibb!

Nurse Practitioner, Midwife, Women's Health



An Affiliate of  UnityPoint Health

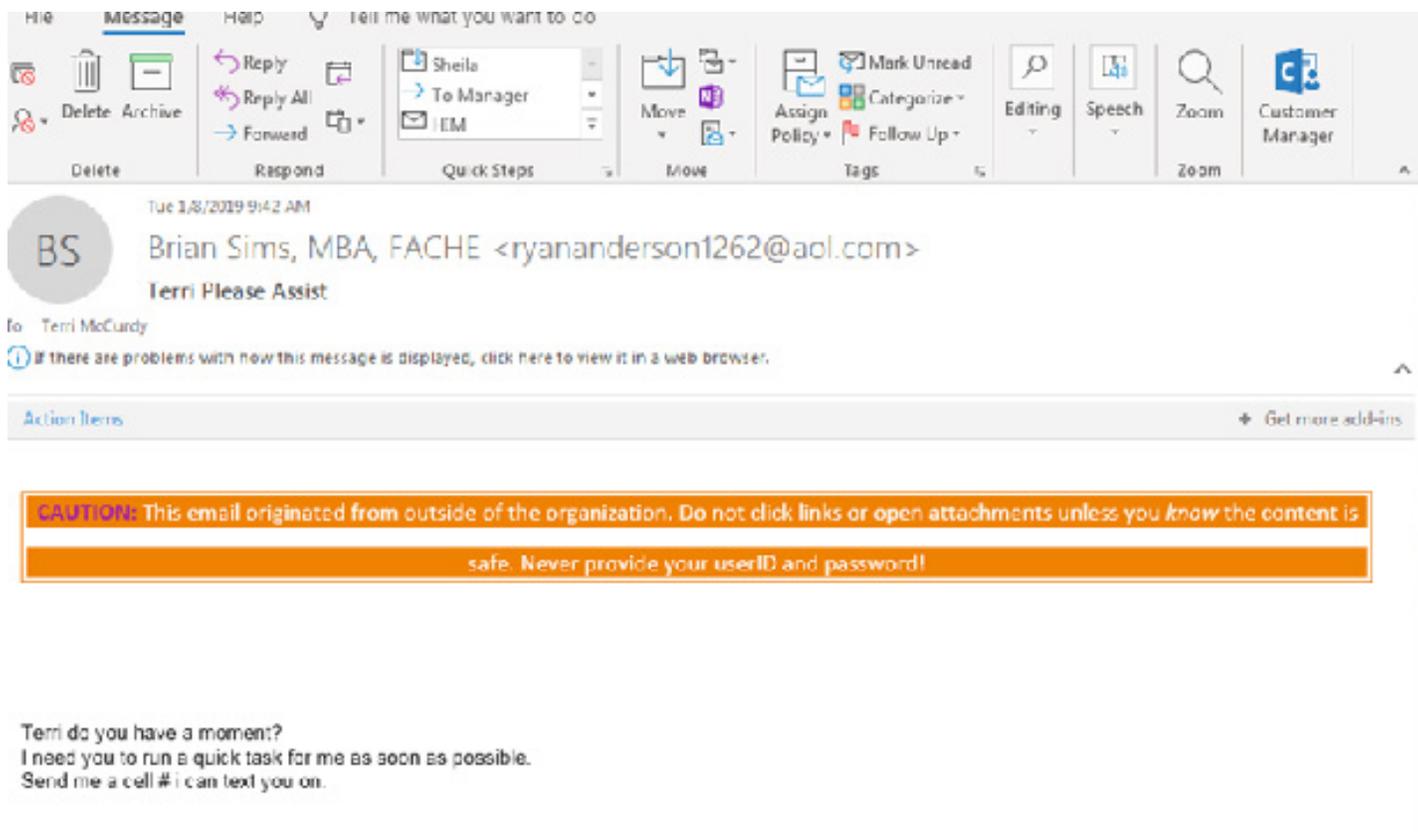
1200 North 7th Street • Chariton, IA 50049
(641) 774-8103 • www.lchcia.com



Spoofer Threats

LCHC has been notified that some email recipients have received phishing emails like the one shown below. This type of request may be an attempt to intercept confidential passwords and/or codes that are sent to your cell phone.

If you have received a similar email and replied with your information, contact the IT Help Desk immediately at 855-294-6044. Otherwise, forward the message to help@wins.net and then delete it from your inbox.



Price Transparency

LCHC supports price transparency and is dedicated to provide useful financial information about charges and costs for our patients. This information is intended to assist you as you plan for your current or near-future healthcare needs. The standard charges shown in the required tables do not account for a patient's insurance plan coverage, financial need, or any other factors that may affect the patient's final costs.

LCHC provides customized out-of-pocket cost estimates that take insurance and financial need into account. Patients may contact our Financial Counselor at 641-774-3201 to utilize this free service. It is also recommended that patients contact their health insurer to verify their estimated out-of-pocket costs as insurance plan coverage differs widely.

PLEASE NOTE: This list of standard charges is no indication of what your final cost will be. The charges listed do not represent payments or any specific/individual patient responsibility. Your financial responsibility will vary depending on your health insurance plan. Also, fees for doctor services, radiologist services, or anesthesia administration are not reflected in this list and will be billed separately by that provider.

To view LCHC's standard current charge information as of December 31, 2018 visit www.lchcia.com/for-patients/patient-accounts

Employees Honored for Years of Service at Winterfest



5 Years of Service

Alicia Lynch, Jenny Brown, Nicole Burgett-Williams,
Karmel Kemper, Jena Wiley, Andrea West



10 Years of Service

Jenny Newton, Lori Johnson, Mary Burger



15 Years of Service

Melissa Ryan, Kris Kaska



20 and 25 Years of Service

20 Years - Tami Adams
25 Years - Trena Brown, JoBeth Lawless



ALL STAFF MEETINGS

All employees are strongly encouraged to attend.

THURSDAY, FEBRUARY 21
9 AM | 11 AM | 2 PM | 5 PM
EDUCATION ROOM

Topics of discussion include:

- 3 simple wishes
- Strategic plan update - quarter ending 12/31/2018
- Upcoming projects



Fudge Sale

VOLUNTEER SERVICES
SCHOLARSHIP FUNDRAISER

FEBRUARY 13
9 AM - 6 PM

FEBRUARY 14
8:30 AM - 3:30 PM

LUCAS COUNTY HEALTH
CENTER ATRIUM

WALNUT GROVE FUDGE:
FLAVORS INCLUDE CHOCOLATE PEANUT
BUTTER, MINT CHOCOLATE, CHEWY PRALINE,
ROCKY ROAD, AND MORE! \$6 PER HALF-
POUND.

Silent

Auction! shhhhhh

LUCAS **LC** COUNTY
HEALTH **HC** CENTER

An Affiliate of  UnityPoint Health

Cardiac and Pulmonary Rehab at Lucas County Health Center is excited to announce it's 4th annual silent auction! All proceeds from this event will benefit Cardiac Rehab and Pulmonary Rehab's Scholarship Program and will provide services to those who would not otherwise be able to afford them.

Items to bid on include donations from:

- Back Spin Indoor Golf
- Blank Park Zoo
- Chicago Cubs
- Des Moines Playhouse
- Des Moines Symphony
- Fridley Theaters
- Funny Bone
- Greater Des Moines Botanical Garden
- Green Bay Packets
- Iowa Barnstormers
- Iowa Cubs
- Iowa Wolves
- Kansas City Royals
- Knoxville Speedway
- Warrior Lanes

Opens:

February 11th
8 AM

Closes:

February 15th
12 PM



It sure is

Sweet

to work with you!

Ordering until February 8

Delivery: February 15

For \$1, you can buy a small bag of Hershey's kisses and send them to your co-workers.

To purchase, please stop by the Marketing office or fill out an order form located by the time clocks. Payroll deduct accepted.

All proceeds benefit A-Team and is used for Winterfest/Hospital Week Festivities!



It's Sweet To Work With You!

To: _____ Department: _____

From: _____ Department: _____

Message: _____

It's Sweet To Work With You!

To: _____ Department: _____

From: _____ Department: _____

Message: _____

It's Sweet To Work With You!

To: _____ Department: _____

From: _____ Department: _____

Message: _____

Lucas County Health Center

Payroll Deduction Authorization Form

Payment for Gift Shop purchases, Company Store purchases, and Auxiliary fundraiser purchases may be made through payroll deduction. These deductions are on an after-tax basis.

- These payroll deductions may be spread over no more than four pay periods.
- Deductions per pay period will be no less than \$10.00.
- Participation requires a minimum total purchase of \$10.00.
- The maximum total purchase allowed for payroll deduction is \$200.00.

This deduction is for purchase of (check one):

Company Store

- Special event shirt/s such as cancer awareness etc. (Event: _____)
- "Logos" LCHC's Company Store @ <http://www.lchcia.com/logos>
- Special event (Event: _____)

Volunteer Services:

- Gift Shop
- Scrubs
- Jewelry
- Purses
- Books
- Other _____

(indicate fundraiser)

I hereby authorize Lucas County Health Center to make a payroll deduction for my purchase in the amount of

\$_____ . (\$10.00 minimum, \$200.00 maximum)

This amount is to be deducted over the next (circle) **1 2 3 4** pay periods.

I further understand that any outstanding balance at the end of my employment at Lucas County Health Center will be taken from my final paycheck.

Employee ID number _____

Employee signature _____

Date _____

PPE _____

Amount _____

(\$10.00 minimum)

PPE _____

Amount _____

(\$10.00 minimum)

PPE _____

Amount _____

(\$10.00 minimum)

PPE _____

Amount _____

(\$10.00 minimum)