



Highlights

LCHC Now Offering State-of-the Art 3D Mammography Exams



LCHC is committed to the fight against breast cancer and is excited to offer Genius 3D Mammography exams, developed by Hologic, Inc., a worldwide leader in Women's Health. Utilizing advanced breast tomosynthesis technology, Genius exams are clinically proven to significantly increase the detection of breast cancers, while simultaneously decreasing the number of women asked to return for additional testing.

In conventional 2D mammography, overlapping tissue is a leading reason why small breast cancers may be missed and normal tissue may appear abnormal, leading to unnecessary callbacks. A Genius exam includes a three-dimensional method of imaging that can greatly reduce the tissue overlap effect.

A Genius exam includes both 2D images and tomosynthesis scans. During the tomosynthesis-DIMENSIONAL portion of the exam, an X-ray arm sweeps in a slight arc over the breast, taking multiple images. A computer then converts the images into a stack of thin layers, allowing the radiologist to review the breast tissue one layer at a time. A Genius exam requires no additional compression and takes just a few seconds longer than a conventional 2D breast cancer screening exam.

"From the beginning of LCHC's affiliation with UnityPoint Health – Des Moines, LCHC's Board of Trustees and leaders from UnityPoint made a commitment to upgrading both our facilities and our equipment. The renovation of our clinic and infusion center and the implementation of a single electronic medical record system was only the start for us. The acquisition of our 3D Digital Mammography continues that vision and shows that LCHC is dedicated to providing the best healthcare available to our patients and the communities we serve," said Brian Sims, CEO at Lucas County Health Center.

The new system is recommended for women of all ages and breast densities. The system allows our radiologists to more effectively pinpoint the size, shape and location of abnormalities. This leads to better detection and greater peace of mind for our patients.

"We are very excited about the addition of 3D Mammography at LCHC. Bringing this technology to our patients will allow us to diagnose breast cancer even earlier, therefore increasing the chances of better outcomes," said Melissa Ryan, LCHC Radiology Manager.

If you would like to schedule a Genius 3D Mammography exam, or have questions about this important breast health procedure, please contact LCHC's Radiology Department at (641) 774-3223.

Maintenance Work Orders

Employees are reminded to use Maintenance's work order request system (TMS) to request repairs, assistance, and more. Maintenance checks this system several times a day and will respond to your request as soon as they are available. Requests to be placed through the system include:

- Light bulb replacements
- Issues with TVs
- Issues with room temperature
- Moving furniture

Do not page maintenance if you are requesting repair/assistance with general projects. The paging system should only be used for situations that require an immediate response.

Remember, maintenance is available from 7:30 AM - 4:30 PM, Monday through Friday. During these hours, do not call the maintenance on-call phone. That number should be reserved for after-hour emergency calls only.

HIPAA Reminder:

LCHC employees are reminded to be conscious of HIPAA policies to ensure the safety of our patients' protected health information.

If you have any issues, questions or concerns regarding HIPAA, please contact the following people:

HIPAA Privacy Officer - Terri McCurdy
HIPAA Security Office - Lori Johnson

You may also call our Anonymous Compliance Hotline at (641) 774-3290.

LCHC Receives ServiShare Awards

LCHC received the Safety Performance award, recognizing an exceptionally low employee injury rate and the Return to Work award for having zero days away from work in 2017. The awards were presented at IHA's spring Workers Compensation Conference.

What does this mean for you and LCHC?

- Increased morale – Nobody wants to be hurt, or to have to have members of the team away needlessly
- More time for pleasure with family and friends versus time recuperating
- \$53,000 annual cost savings for 2018 versus the cost in 2012 – Monies LCHC can use for other employee benefits, wages, and updated equipment



Great job everyone! Thank you for keeping safety in mind at LCHC!

Safety Committee Members

Marian Holmes, Lori Johnson, Jayma Hoch, Jobeth B. Lawless, Angie Shriver, Mark McCurdy, Joyce Dyer, Amy McCurdy, Twilla Kruzic, Calvin Dyer, David Cronin, Jessica Goben, Shannon Holmes

All-Staff Meetings

All Staff Meetings will be held again in July. All employees are strongly encouraged to attend one of the following meetings:

- Tuesday, July 17 at 9 AM, 10:30 AM, 2 PM, and 5 PM

All meetings will be held in the Education Room.

Shingles: Are you susceptible?

Recently we've had some comments about who is susceptible to shingles and who can/can't take care of these patients. If you have any questions, please contact Joyce Dyer in Infection Control at x3220.

Shingles cannot be passed from one person to another. However, the virus that causes shingles, the varicella zoster virus, can spread from a person with active shingles to cause chickenpox in someone who has never had chickenpox or never received the chickenpox vaccine.

A person with active shingles can spread the virus when the rash is in the blister-phase. A person is not infectious before the blisters appear. Once the rash has developed crusts, the person is no longer infectious.

Shingles is less contagious than chickenpox and the risk of a person with shingles spreading the virus is low if the rash is covered.

If you have shingles, you should:

- Cover the rash.
- Avoiding touching or scratching the rash.
- Wash your hands often to prevent the spread of the varicella zoster virus.
- Avoid contact with people listed below until your rash has developed crusts:
 - pregnant women who have never had chickenpox or the chickenpox vaccine
 - premature or low birth weight infants
 - people with weakened immune systems, such as people receiving immunosuppressive medications or undergoing chemotherapy, organ transplant recipients, and people with human immunodeficiency virus (HIV) infection

Lucas County Health Center and Clarke County Hospital Building Partnership to Focus on Patient Care

Lucas County Health Center and Clarke County Hospital, both affiliates of UnityPoint Health – Des Moines, are working to improve the patient care experiences in their individual communities and exploring how the two facilities can better work together.

In a time when there is a shortage of healthcare workers, the two facilities have begun a new, unique agreement – a shared ultrasound service.

“This partnership provides us with the unique opportunity to focus not on competing with each other, but rather on building each other up,” said Brian Sims, CEO at Lucas County Health Center. “Healthcare is changing, especially in rural communities, but it is more important than ever that our small communities have access to healthcare where they live. The partnership between our facilities is helping to ensure that our facilities both remain vibrant and successful while providing quality care to our patients.”

“Our working relationship with Lucas County Health Center will be instrumental in providing quality access to care for patients in our region. To continue to preserve and grow services that benefit communities in a rural setting, it is essential that we work with other facilities to provide care close to home for our patients,” said Brian Evans, CEO of Clarke County Hospital. “CCH is very excited about working collaboratively with LCHC because it is helping to pave the way for new opportunities and services in southern Iowa.”

Laura Good began her career as a vet technician where she frequently performed ultrasounds. This led to an interest in the career and she decided to attend Mercy College for Ultrasound Technician training. She started as an Ultrasound Tech at Clarke County in 2015 and at LCHC in June.

“It's interesting to have a transferable skill, but so far the partnership is working well and I'm adjusting to the uniqueness of the two facilities,” said Laura.

LCHC and CCH are excited about this partnership and are looking forward to working together more in the future.

1	2	3	4 Clinics Closed 	5	6	7
8	9	10 ACLS - Full Course Ed. Room, 9 AM - 5 PM	11 Pella Scrub Sale Atrium 11 AM - 3 PM ACLS - Full Course Ed. Room, 9 AM - 5 PM	12	13	14
15	16	17 All Staff Meetings Ed. Room, 9 AM, 10:30 AM 2 PM, 5 PM	18	19	20	21
22	23 Gifts Galore Grab Bag Sale (all week) 	24	25	26	27	28
29	30	31 Board Meeting Board Room, 6:30 PM				

Anniversaries

25 Years:

Trenna Brown - July 19

18 Years:

Carol Todd - July 3

17 Years:

Joyce Dyer - July 16

16 Years:

Lisa Clark - July 26

10 Years:

Mary Burger - July 14

9 Years:

Teresa Reed - July 31

8 Years:

Brittany Bernard - July 12

5 Years:

Dr. Bogard - July 30

4 Years:

Cody Bell - July 14

3 Years:

Tori Greubel - July 7

2 Years:

Courtney Halterman - July 11

Elyssa Black - July 18

Susan Moore - July 18

1 Year:

George Esper - July 17

Carol Metcalf - July 19

Dennise Andrews - July 31

Birthdays

July 4 - Dave Evans

July 4 - Melissa Ryan

July 5 - Sheila Hoch

July 7 - Deb Black

July 8 - Diana Donner

July 8 - Susan Moore

July 12 - Chris Osier

July 18 - Kris Kaska

July 20 - Kelsey Spicer

July 20 - Cali Lacey

July 21 - Steve Adams

July 24 - Dennise Andrews

July 26 - Olga Litvinyuk

July 27 - Brittany Bernard

July 27 - Trenna Brown

July 27 - Kyle DalPonte

July 28 - Marian Holmes

July 31 - Jamie Woollums



Specialty Clinic Schedule - July 2018

CLINIC	PROVIDER	PHONE #	APPT. DATES
Allergy	Ravinder Agarwal, MD	(888) 226-0990	23
Audiology	AnnMarie Kinsella, HIS	(712) 623-4802	16
	Cindy, Lister, HIS	(800) 233-4327	3, 17
	Michael K. Webb, AuD	(712) 623-4802	9
	Leah Campbell, AuD	(515) 225-2242	26
	Donal Welch, AuD, FAAA	(712) 366-0503	12
Cardiology	Martin Aronow, DO	(800) 670-9428	No clinic
	Craig Hoffman, PA-C	(800) 670-9428	18
ENT	Simon Wright, MD, PhD	(515) 223-4368	5
	Dave Wonnell, PA-C	(515) 223-4368	5
Gynecology	Kaaren Olesen, DO	(641) 774-8103	Monays
Oncology	Seema Harichand, MD	(641) 774-8103	10, 24
Ophthalmology	Matthew P. Rauen, MD	(800) 542-7956	Weekdays
Orthopaedics	Ian Lin, MD	(800) 688-3980	13, 27
Podiatry	Randy Metzger, DPM	(641) 203-4664	9, 10, 17, 23, 24, 31
Pulmonology	Amerlon L. Enriquez, MD	(515) 875-9550	16
	Dustin McCann, DO	(515) 875-9550	No clinic
Surgery Clinic	Dapka Baccam, MD	(641) 774-8103	Weds., Thurs.,
	Tim Mayfield, MD	(641) 774-8103	Fridays
Urology	Stephanie L. Pothoven, DO	(641) 774-3245	17
Vascular Surgery	Eric Scott, MD	(515) 875-9090	27
Wound Clinic	Randy Metzger, DPM	(641) 774-3362	Tuesdays



An Affiliate of  UnityPoint Health

1200 North 7th Street • Chariton, IA 50049
(641) 774-3245 • (800) 404-3111 ext. 3245 • www.lchcia.com

Community Benefit Reminder

Each year, LCHC submits a "Community Benefit Report" to the Iowa Hospital Association. This is a required report for every hospital in Iowa and details the benefits we provide to our community.

If you have provided any community benefit services for the 2017-2018 year, please send them to Jena Wiley as soon as possible. This includes hours spent at community events (Family Fun Fest, visiting the schools, etc.) as well as free/discounted services provided to patients. If you think you have provided a community benefit service, but aren't sure, please ask. The more we report, the better!

If you have any questions, contact Jena at x3219.

Kudos!

We would like to thank all of you for taking time from your day to explain the various departments at LCHC. The students enjoyed being out in the "field" and learning about medical careers! Thank you!

CHS Bio-med Program

Stream of Excellence

Congratulations, Deb Black! Deb was recognized by Jena Wiley who said "Thank you for taking time out of your busy Friday to help with the high school tours! It was much appreciated!"

Stream of Excellence forms are collected and put into a drawing to receive a \$10 gift certificate and a reserved parking space.

New Employees

Dr. Philip Sundquist, MD
ER, Med/Surg, OB

Konrad Konsitzke
RN, Surgery

Debra Anshutz
Environmental Tech, Housekeeping

Huddles Reminder!

All employees are encouraged to attend one huddle per week to keep up to date on important information, policy changes, upcoming events, and more.

Huddles meet at the following times:
Medical Clinic - everyday at 7:45 AM
Lab/Radiology - everyday at 1:15 PM
Med/Surg - everyday at 3 PM
Finance - Tues. & Fri. at 11:15 AM