

Ordering

Breakfast: 7 - 9 AM

Lunch: 11 AM - 1 PM

Dinner: 4 - 5 PM

When ordering, please dial extension 6255. After placing your order, you can expect your meal to arrive within 45 minutes. Please remember, the nursing staff is available to assist you with menu selections during your stay.

Guest Meals

Lucas County Health Center offers guest meals for delivery to the patient rooms. Guests may order items from the patient menu at the following cost:

Breakfast: \$3 • Lunch: \$5 • Dinner: \$5

Each meal includes one entree selection (excluding breakfast) and the side dishes and/or dessert you would like to enjoy with your meal.

The envelope with the price of the meal will be placed on your guest tray for payment.

Guests are also welcome to visit the hospital cafeteria between 7:30 AM and 5 PM.

About Your Diet

Renal Diet:

This diet is prescribed by the physician for individuals with kidney disease. This diet is restricted in protein, sodium, potassium, and phosphorus. Fluid intake may also be restricted per the physician's orders.

Your 100% satisfaction is our number one goal. If, for any reason, our meal service does not meet your expectations, please call the Dietary Manager at extension 3206 and let us know how we can better serve you, our guest.

When deciding what to have for your meal, please make one entree selection from the Lunch & Dinner menu selections for the day.



Renal Diet

Room Service Menu

*When ordering, please dial extension 3244.
After placing your order, you can expect
your meal to arrive within 45 minutes.*



Breakfast

Entrees:

French Toast *(white bread only)*

Pancake

Eggs *(fried, poached, or scrambled)*

Omelet *(mozzarella cheese, onion, green pepper, mushroom or combo)*

Breads:

Toast *(white)*

Cold Cereal:

Cheerios

Rice Krispies

Fruit(served all day)

Fresh Fruit *(apple, grapes)*

Canned Fruit *(applesauce, fruit mix, peaches, pears)*

Condiments

Syrup *(regular, diet)*

Jelly *(regular, diet)*

Ketchup

Mustard

Margarine

Mayonnaise

Sugar

Splenda

Cinnamon

Mrs. Dash Seasoning

BBQ Sauce

Honey Mustard

Coffee Creamer

Ranch

Lunch & Dinner

Entrees:

Roasted Pork Loin

Roasted Beef

Roasted Turkey

Grilled Chicken

Side Dishes:

Potatoes *(½ cup/day no skin) - Mashed or Boiled*

Seasoned White Rice

Seasoned Noodles - Buttered

Soup:

Chicken Noodle

Side Vegetables/Salads:

Green Beans

Carrots

Corn

Peas

Broccoli

Lettuce Salad *(carrots, cucumbers, radishes, onions)*

Beverages

Coffee *(1 cup/day)(Reg. /Decaf)*

Tea *(Reg. or Decaf, hot or cold)*

White Milk - breakfast only *(½ cup/day) (Skim, 2%)*

Pop *(Lemon-Lime)*

Iced Water

Apple Juice

Grape Juice

Cranberry Juice

Crystal Light

From The Grill

From the Grill:

Hamburger

From the Deli:

Turkey

Roast Beef

Bread Choices:

White bread

Bun *(white)*

Toppings:

Lettuce

Tomato

Onion

Desserts & Snacks

Pudding *(Vanilla) (Reg., Diet)*

Gelatin *(Orange, Strawberry) (Reg., Diet)*

Angel Food Cake



Renal Diet