

Ordering

Breakfast: 7 - 9 AM
Lunch: 11 AM - 1 PM
Dinner: 4 - 5 PM

When ordering, please dial extension 6255. After placing your order, you can expect your meal to arrive within 45 minutes. Please remember, the nursing staff is available to assist you with menu selections during your stay.

Guest Meals

Lucas County Health Center offers guest meals for delivery to the patient rooms. Guests may order items from the patient menu at the following cost:

Breakfast: \$3 • Lunch: \$5 • Dinner: \$5

Each meal includes one entree selection (excluding breakfast) and the side dishes and/or dessert you would like to enjoy with your meal.

The envelope with the price of the meal will be placed on your guest tray for payment.

Guests are also welcome to visit the hospital cafeteria between 7:30 AM and 5 PM.

About Your Diet

General/Regular Diet:

This diet has no restrictions. Patient can select from a wide variety of options from the menu.

Your 100% satisfaction is our number one goal. If, for any reason, our meal service does not meet your expectations, please call the Dietary Manager at extension 3206 and let us know how we can better serve you, our guest.

When deciding what to have for your meal, please make one entree selection from the Lunch & Dinner menu selections for the day.



General Diet

Room Service Menu

*When ordering, please dial extension 3244.
After placing your order, you can expect
your meal to arrive within 45 minutes.*



Breakfast

Entrees:

French Toast

Pancake

Biscuits and Sausage Gravy

Eggs (*fried, poached, scrambled, or boiled*)

Omelet (*choice of cheese, ham, onion, green pepper, mushroom, sausage or combo*)

Sides:

Bacon

Sausage

Fried Potatoes

Hash Browns

Breads:

Toast (*white/wheat*)

English Muffin

Muffin (variety)

Bagel

Hot Cereal:

Oatmeal

Cream of

Wheat

Cold Cereal:

Cheerios

Corn Flakes

Raisin Bran

Rice Krispies

Fruit/Yogurt: (served all day)

Fresh Fruit (*apple, banana, grapes, orange, prunes, seasonal fruit*)

Canned Fruit (*applesauce, fruit mix, peaches, pears, mandarin oranges*)

Yogurt (*variety available*)

Condiments

Syrup

Peanut Butter

Jelly

Honey

Sour Cream

Ketchup

Mustard

Margarine

Mayonnaise

Miracle Whip

Sugar

Splenda

Brown Sugar

Cinnamon/Sugar

Creamer (*Non-Dairy*)

Cream Cheese

Salt/Pepper

Tartar Sauce

Mrs. Dash Seasoning

Parmesan Cheese

Salad Dressing:

Ranch (*Regular, Fat Free*)

French (*Regular, Fat Free*)

Italian (*Regular, Fat Free*)

Thousand Island

Raspberry Vinaigrette

Lunch & Dinner

Entrees:

Roasted Pork

Loin

Roasted Beef

Roasted Turkey

Taco Salad

Parmesan Herb Tilapia

Potato Crusted Cod

Oven Breaded Chicken

Grilled Chicken Breast

Chicken Strips

Build Your Own Personal Pizza:

Beef

Sausage

Pepperoni

Cheese

Mozzarella

Onion

Pepper

Mushroom

Mashed Potatoes

Gravy

French Fries

Hash Browns

Oven Brown Potatoes

Seasoned Rice

Potato Chips

Soup:

(*served with crackers*)

Potato

Chicken Noodle

Tomato

Garden Vegetable

Beef Broth

Chicken Broth

Pasta:

Macaroni & Cheese

Spaghetti

Chicken Alfredo

Side Vegetables/Salads:

Veggie plate w/dip

Broccoli

Carrots

Green Beans

California Blend

Corn

Peas

Pickled Beets

Plain Gelatin

Cottage Cheese

Pasta Salad

Tossed Green

Beverages

Coffee (*Reg. or Decaf*)

Hot Tea (*Reg. or Decaf*)

Iced Tea (*Sweet/Unswee*t)

Milk (*Skim, 2%, Skim Choc.*)

Variety Pop (*Reg/Diet*)

Apple Juice

Grape Juice

Orange Juice

Cranberry Juice

Prune Juice (*Hot/Cold*)

Hot Chocolate

Crystal Light

V-8 Juice

From The Grill

From the Grill:

French Dip

Grilled Chicken

Hamburger

Cheeseburger

Breaded Fish

Grilled Cheese

From the Deli:

Turkey

Roast Beef

Ham

Chicken Salad

BLT

Peanut Butter &

Bread Choices:

Hamburger Bun

Croissant

Hoagie Bun

Dinner Roll

Bread Stick

White/Wheat Bread

Toppings:

American

Cheese

Swiss Cheese

Pickles

Lettuce

Tomatoes

Desserts & Snacks

Cookies (*Chocolate Chip, Sugar, Oatmeal Raisin, Lorna Doone*)

Milkshake (*Vanilla, Chocolate, Strawberry*)

Pudding (*Vanilla, Chocolate, Butterscotch*)

Ice Cream (*Vanilla, Chocolate, Strawberry*)

Sherbet (*Orange, Rainbow*)

Gelatin (*Orange, Strawberry*)

Italian Ice (*Strawberry, Lemon*)

Cheese & Cracker Plate

Angel Food Cake

Variety Cream Pies

Popcorn

Yogurt (*Vanilla*)



General Diet