

Family Fun Fest is June 16th

Lucas County Health Center's ninth annual Family Fun Fest is set to provide food, inflatables, and fun – all for free! The Family Fun Fest is an event where all ages can come and learn about ways to stay healthy, as well as ways to promote wellness in their lives. This all takes place in a "block party" atmosphere that makes learning fun and exciting!

"We have several different health and wellness-related booths planned with vendors from Chariton and the surrounding areas, including a sun safety booth that will teach about the dangers of sun exposure and how to protect oneself," says Jena Wiley, Marketing Manager for Lucas County Health Center.

All individuals who attend Family Fun Fest will also receive a ticket for free admission into the Aquatic Center for that day. Those who attend Family Fun Fest can also expect their day to include giveaways, free food, inflatable bounce houses, and more!

"Family Fun Fest is truly a great way to spend the day with your family – and best of all – it's completely free," states Wiley. "We hope that people will choose to spend the day with us on June 16, and will walk away with ideas of how to keep their families healthy and happy!"

Family Fun Fest is scheduled for Saturday, June 16, from 10 AM $\,-$ 12 PM at the Vredenburg-Chariton Aquatic Center. A portion of N. 14th Street will be blocked off for the booths and inflatables during the event.

Those planning on attending are requested to enter the event by the registration table in order to receive a free Family Fun Fest bag, meal tickets, as well as their admission tickets to the Aquatic Center. Individuals can also sign up for the chance to win door prizes at the registration table as well.

In case of inclement weather, Family Fun Fest will be re-scheduled for Saturday, June 23 from $10\,\mathrm{AM}-12\,\mathrm{PM}$ at the Vredenburg-Chariton Aquatic Center.

For more information, call 641-774-3219 or visit www.lchcia.com.

LCHC Welcomes Staci Doering as Clinical Dietitian

LCHC is pleased to announce that Anastacia "Staci" Doering, RD, LD joined our team as a Clinical Dietitian on May 21st.

Staci received her degree from Iowa State University and brings with her many years of experience. She is from the Indianola area and will be working on a part-time basis providing services to our acute and skilled care patients. Staci will also provide her expertise to our Nutritional Services Department.

This addition will allow our current dietitian, Linda Klejch, to focus on providing services to our patients in Diabetes Education.

If you see Staci, please be sure to welcome her to our team!

Stream of Excellence

May's Stream of Excellence recipient was Caleb Marosi in Ambulance Services. Caleb was recognized by Lisa Richmond in Lab who said, "Thanks for making the Cub Scouts' tour a great experience! The ambulance was definitely the high point of their evening (even better than snacks!)

Want to recognize a co-worker who went above and beyond the call of duty? Stop by one of the Stream of Excellence boards near Surgery, Bistro 61 or in the medical clinic's breakroom to nominate!

A-Team

A-Team will host a "Baseball Theme" Jeans Day on Friday, June 8th. Employees are encouraged to wear their favorite baseball attire with jeans.

We will also kick off our summer movie series on Friday, June 8th. Join us at 9 PM on the back lawn for a free showing of "Angels in the Outfield." Free popcorn and drinks provided. Bring your family, lawn chairs, and any other snacks you'd like to have! (No alcohol.)

HIPAA Reminder:

LCHC employees are reminded to be conscious of HIPAA policies to ensure the safety of our patients' protected health information.

If you have any issues, questions or concerns regarding HIPAA, please contact the following people:

HIPAA Privacy Officer - Terri McCurdy HIPAA Security Office - Lori Johnson

You may also call our Anonymous Compliance Hotline at (641) 774-3290.

LCHC partners with Lady Chargers to Raise Awareness, Funds for Breast Cancer

Lucas County Health Center is proud to team up with the Chariton Chargers' softball team during its 10th annual Go Pink game on Monday, June 25.

The game between the Chariton Chargers and the Albia Blue Demons is just a small portion of the action that will take place during that evening. Following the varsity game, a live auction will take place which includes pink softballs signed by the team, gift baskets created by each Charger player, as well as photographs of the team decked out in pink. The team will also be selling t-shirts, designed by them, with this year's theme. Proceeds from the t-shirt sales and auction are designated to benefit the mammogram unit at the LCHC to be used to provide free or discounted mammograms to women who might not otherwise be able to afford them.

"The game is a way to get breast cancer information out to the community," said Melissa Ryan, Radiology Coordinator at LCHC. "It helps us to raise awareness and show support for those affected by the disease and is an easy way for families to come together."

In what has become part of a Chariton softball tradition, the Go Pink game gives the players and fans a chance to support the fight against breast cancer. At last year's Go Pink game, the Lady Chargers raised \$3,096.

The Freshman, JV and Varsity teams will all be playing, and each of the games will begin with the opening pitch being thrown by a breast cancer survivor. Game times are scheduled for 4:30 PM for Freshman, 6:00 PM for JV and 7:30 PM for Varsity.

Volunteer Services Scholarship Recipient

Congratulations to Tressa Shore, recipient of the \$500 2018 Volunteer Services Senior Scholarship, pictured with her mom Sheri Shore and Kristine Kennedy, Volunteer Services Manager. Tiffany Dale is the recipient of the \$500 Continuing Education Scholarship.





CLINIC PROVIDER PHONE # APPT. DATES								
CLINIC	CLINIC PROVIDER		APPT. DATES					
Allergy	Ravinder Agarwal, MD	(888) 226-0990	25					
Audiology	AnnMarie Kinsella, HIS	(712) 623-4802	7, 18					
	Cindy, Lister, HIS	(800) 233-4327	5, 19					
	Michael K. Webb, AuD	(712) 623-4802	11					
	Leah Campbell, AuD	(515) 225-2242	28					
	Donal Welch, AuD, FAAA	(712) 366-0503	No clinic					
Cardiology	Martin Aronow, DO	(800) 670-9428	6					
	Craig Hoffman, PA-C	(800) 670-9428	20					
ENT	Simon Wright, MD, PhD	(515) 223-4368	7					
	Dave Wonnell, PA-C	(515) 223-4368	No clinic					
Gynecology	Kaaren Olesen, DO	(515) 276-5543	Mondays					
Oncology	Seema Harichand, MD	(641) 774-8103	5, 19					
Ophthalmology	Matthew P. Rauen, MD	(800) 542-7956	Weekdays					
Orthopaedics	Ian Lin, MD	(800) 688-3980	1, 15, 29					
Podiatry	Randy Metzger, DPM	(641) 774-3245	5, 11, 12, 19, 25, 26					
Pulmonology	Amerlon L. Enriquez, MD	(515) 875-9550	18					
	Dustin McCann, DO	(515) 875-9550	No clinic					
Surgery Clinic	Dapka Baccam, MD	(641) 774-8103	Weds., Thurs.					
	Tim Mayfield, MD	(641) 774-8103	Fridays					
Urology	Stephanie L. Pothoven, DO	(641) 774-3245	21					
Vascular Surgery	Eric Scott, MD	(515) 875-9090	No clinic					
Wound Clinic	Randy Metzger, DPM	(641) 774-3362	Tuesdays					

Skills Competencies Week

Skills Competencies week is June 11th - 15th and a UnityPoint Pediatric Transport Nurse will be available on June 14th. Additionally, we will have a Customer Service Training on June 25th from 2:30 - 4 PM or 4:30 - 6 PM for Clinical Staff. To register, please contact Darcy Juline.

Kudos!

Thank you to Dr. Hoftiezer, Dr. Baccam, April Marth in Radiology, and the Surgery girls for the care Mose received in our facility over the last few weeks. We are very fortunate to have such a great facility and caring employees!

Bev Bear



PROTECT YOURSELF from MOSQUITO BITES

Mosquitoes spread Zika and other viruses.



Daytime is the most dangerous

Mosquitoes that spread Zika are aggressive daytime biters. They can also bite at night.



Use insect repellent It works!

Look for the following active ingredients: DEET, picaridin, IR3535, oil of lemon eucalyptus or para-menthane-diol, or 2-undecanone



Wear protective clothes

Wear long-sleeved shirts and long pants or use insect repellent. For extra protection, treat clothing with permethrin.



Mosquito-proof your home

Use screens on windows and doors. Use air conditioning when available. Keep mosquitoes from laying eggs near standing water.



U.S. Department of Health and Human Services Centers for Disease Central and Prevention

For more information: www.cdc.gov/zika

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3		4	PALS - Full Course Ed. Room, 9 AM - 5 PM	PALS - Full Course Ed. Room, 9 AM - 5 PM	Lionne Fine Jewelry Sale Atrium 10 AM - 5 PM	A-Team Baseball Theme Jeans Day & Movie Night Movie at 9 PM on back lawn	9
10		11	12	Geneva Sheet Sale Atrium 11 AM - 5 PM	Geneva Sheet Sale Atrium 7 AM - 3 PM	15	Family Fun Fest Chariton Pool 10 AM - 12 PM
17		Mandatory Reporter Board Room, 1 - 3 PM	19	BLS Training: 8 AM First Aid Training: 3 PM CPR Training: 6 PM	21	22	23
24	2:30 - 4 i Educ Go i	Service Training PM, 4:30 - 6 PM eation Room Pink Game 4:30 PM Softball Complex	ACLS Renewal Class Ed. Room, 9 AM Board Meeting Board Room, 6:30 PM	Managers Meeting Educ. Room, 2 PM	28	29	30

Birthdays

June 1 - Jenny Brown
June 1 - Steve Davis
June 4 - Kayla Wallace
June 4 - Lori Johnson
June 7 - Christina Cook
June 12 - Cathy Heston

June 12 - Krystal Pendroy June 15 - Jeanne Alitz June 17 - Callie Davis June 18 - Kim Powell June 19 - April Nelson June 21 - Kasey Roberts

June 23 - Jenny Newton June 23 - Alicia Lynch

June 26 - Nicole Burgett-Williams June 27 - Lori McGinnis

June 29 - Melody Matlock

June 30 - Marina Parkhutil

New Employees

Staci Doering Clinical Dietitian Nutritional Services

Amy Kosman CNA/Ward Clerk Med/Surg

Olga Litvinyuk Registration Clerk Business Office Chris McGinnis RN Float Nurse ER

Khatuna Palm Radiology Tech Radiology

Paula Pershy Health Info. Coder Health Information Hannah Peterson Activities Professional Med/Surg

Dale Schilling Floor Finisher/ Environmental Tech Housekeeping

Anniversaries

23 Years: Bev Bear - June 5

15 Years: Melissa Ryan - June 16

8 Years: Laura Miller - June 28

5 Years: Ann Moon - June 3

3 Years:
Cassy DenHartog - June 1
Vicki Walker - June 2
Mike Smith - June 17

2 Years: Chrissy Busick - June 20

1 Year: Jim Cain - June 22 Joe Hamilton - Ju<u>ne 27</u>

Reminder: Don't Peek!

Staff members cannot access their own information or the information of family members/friends in Epic or any medical record system. This is being monitored employees will be interviewed about suspicious activity.

If you are found accessing any information inappropriately, disciplinary action will be taken.

If you would like to review your medical record information, please follow the proper processes as outlined below:

- Epic provides a patient portal that should be the primary point for viewing your patient information. At each Clinic/ED/ Inpatient encounter, you will be given an "After Visit Summary" that will include information about signing up for the portal. You can also sign up for the portal by going to https://www.chart.myunitypoint.org/mychart/ and following the steps for a New User. You can also request access for your children, which is called "Proxy Access," at this same website.
- You may also fill out an Authorization for Release of Patient Information in Health Information to receive copies of your medical information. Health Information staff have the forms available in their office and will copy the records for you.

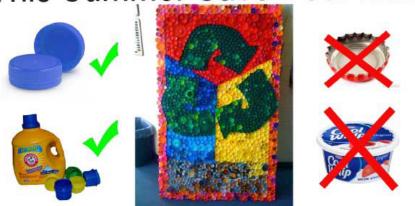
If you have any issues, questions or concerns regarding HIPAA, please contact the following people:

- HIPAA Privacy Officer Terri McCurdy ext. 3629
- HIPAA Security Office Lori Johnson ext. 3360

You may also call our Anonymous Compliance Hotline at (641) 774-3290.



This Summer Save Your Lids



The 2018-19 applied arts class is going to make a fun, colorful mural using plastic lids.

We are asking you to save your pop, water, Gatorade, and other hard plastic lids.

Bring the lids to the high school art room in August when school starts!

THANK YOU!

Save Your Lids!

Chariton High School's Applied Art class will be making a fun, colorful mural using plastic lids next school year.

Mary Jo Fisher will be collecting lids at LCHC for this project. Please drop off your pop, water, gatorade, and other hard plastic lids to her office.

Did you know?

Did you know about 70% of out-of-hospital cardiac arrests happen in homes?

June 1 - 7 is National CPR and AED Awareness Week and spotlights how lives can be saved if more Americans know CPR and how to use an AED. If you are called on to give CPR in an emergency, you will most likely be trying to save the life of someone you love.

Interested in taking a CPR class? Contact Darcy Juline, Education Manager. LCHC is proud to offer monthly CPR and First Aid courses.